

GRADING TIMES

Swimmers will be entered into graded races according to their times that have previously been recorded at club nights.

STROKE	GRADE	DISTANCE	TIME
BACK	A	100	1:25.00
BACK	A	50	0:38.00
BACK	B	50	0:48.00
BACK	B	25	0:20.00
BACK	C	25	0:30.00
BACK	D	25	Ability to swim 25m correctly
BREAST	A	100	1:36.00
BREAST	A	50	0:44.00
BREAST	B	50	0:55.00
BREAST	B	25	0:23.00
BREAST	C	25	0:33.00
BREAST	D	25	Ability to swim 25m correctly
FLY	A	100	1:25.00
FLY	A	50	0:36.00
FLY	B	50	0:48.00
FLY	B	25	0:20.00
FLY	C	25	0:30.00
FLY	D	25	Ability to swim 25m correctly
FREE	A	100	1:15.00
FREE	A	50	0:33.00
FREE	B	100	1:35.00
FREE	B	50	0:43.00
FREE	C	50	0:55.00
FREE	C	25	0:23.00
FREE	D	25	Ability to swim 25m correctly

IM	A	200	3:00.00
IM	B	100	1:45.00
IM	C	50	1:00.00
IM	D	50	Ability to swim 50m Free and Breast